



PROGRAM

16th International Advanced Wrist Symposium

7 – 8 April 2025

INNSBRUCK | AUSTRIA

Tel: +43 (0)512 / 504 22843

Mail: lki.ot.event@tirol-kliniken.at

www.ortho-trauma-innsbruck.at



Department of
**ORTHOPAEDICS AND
TRAUMATOLOGY**
INNSBRUCK



**MEDIZINISCHE
UNIVERSITÄT**
INNSBRUCK

Organization

ORGANIZER

Medical University Innsbruck
Department of Orthopaedics and Traumatology
University Hospital Innsbruck

SCIENTIFIC COMMITTEE

Univ.-Prof. Dr. med. R. Arora

ORGANIZING COMMITTEE

Univ.-Prof. Dr. med. R. Arora
Dr. med. Stefan Benedikt

VENUE

University Hospital Innsbruck, Lecture Hall „MZA – Medizin Zentrum Anichstraße“
Anichstraße 35, 6020 Innsbruck, AUSTRIA

REGISTRATION & INFORMATION

Course Office
Tel: +43 (0)512 / 504 22843
Mail: lki.ot.event@tirol-kliniken.at | www.ortho-trauma-innsbruck.at

PARTICIPATION FEE

2 days: € 250,00 | 1 day: € 175,00 | Package Physio/Ergo: € 50,00
(excluded: Bank service charges)

For this symposium you will get DFP-points by the Austrian medical association.
For this symposium you will get 13 credits from SGH (Schweizerische Gesellschaft für Handchirurgie).

Monday, 7 April 2025

Registration | 08.00

Welcome | 08.20

DISTAL RADIUS FRACTURE (DRF) | 08.30 – 10.30

08.30 – 08.40	Fragment specific fixation of DRFs Lauri
08.45 – 08.55	Indications for AS in DRF Schmidle
09.00 – 09.10	DRUJ instability in acute DRFs Arora
09.15 – 09.25	Concomitant ligament injury in DRF - is treatment necessary? Schep
09.30 – 10.20	Case Discussion

Coffee Break | 10.20 – 10.50

DISTAL RADIUS FRACTURE (DRF) | 10.50 – 12.40

10.50 – 11.00	Treatment of acute DRUJ instability in DRF Hannemann
11.05 – 11.15	Smith Type DRF failures – is it loss of reduction or malreduction Czinner
11.20 – 11.30	Avoiding complications in DRF Windhofer
11.35 – 11.45	Conservative treatment DRF: Value of closed reduction Arora
11.50 – 12.40	Case Discussion

Lunch Break | 12.40 – 13.40

UNDER THE PATRONAGE OF:



Monday, 7 April 2025

HAND REHABILITATION | 13.40 – 14.10

- 13.40 – 14.10 Rehabilitation after TFCC injury/fixation | Tocco
incl. Case Discussion

SCAPHOID NON-UNION | 14.10 – 16.15

- 14.10 – 14.20 Which kind of bone graft? | Schmidle
14.25 – 14.35 First experiences with the scaphoid prostheses | Schep
14.40 – 14.50 Plate fixation in avascular SNU possible? | Hannemann
14.55 – 15.05 Arthroscopically assisted fixation SNU | Windhofer
15.10 – 16.00 Case Discussion

Coffee Break | 16.00 – 16.30

CARPAL LIGAMENT-, TFCC- & DRUJ DISORDERS | 16.30 – 17.45

- 16.30 – 16.40 Our current results of transosseous TFCC reinsertion | Windhofer
16.45 – 16.55 Results for ulna shortening in ulna impaction syndrome | Benedikt
17.00 – 17.10 Ulnar shortening in Tolat type C? | Langer
17.15 – 17.45 Case Discussion

End of 1st Day | 17.45

Tuesday, 8 April 2025

CARPAL LIGAMENT-, TFCC- & DRUJ DISORDERS | 08.30 – 10.05

- 08.30 – 08.40 Treatment of chronic SL instability | Langer
08.45 – 08.55 Treatment algorithm for midcarpal instability | Langer
09.00 – 09.50 Case Discussion

HAND REHABILITATION | 09.50 – 10.20

- 09.50 – 10.20 Conservative Rehabilitation of Midcarpal Instabilities:
Best Practices and Clinical Insights | Müller + Wenschur
incl. Case Discussion

Coffee Break | 10.20 – 11.00

OSTEOARTHRITIS / RHEUMATOID ARTHRITIS | 11.00 – 13.30

- 11.00 – 11.10 The Wrist in CPPD – clinical presentation and treatment |
Borisch
11.15 – 11.25 Arthroplasty in CMC 1 Arthritis | Wieskötter
11.30 – 11.40 Results of CMC 1 arthrodesis | Vogler
11.45 – 11.55 Arthroplasty in the OA/RA wrist | Pfanner
12.00 – 12.10 Arthroplasty in PIP Arthritis | Schmidle
12.15 – 12.25 Arthroscopically assisted treatment options for STT
arthrosis | Borisch
12.30 – 12.40 Failed wrist replacement – what now? | Pfanner
12.45 – 12.55
13.00 – 13.30 Case Discussion

End of 2nd Day | 13.30

Faculty

Angermann Peter, OA Dr. med.
University Hospital Innsbruck | A

Arora Rohit, Univ.-Prof. Dr. med.
University Hospital Innsbruck | A

Benedikt Stefan, Dr. med.
University Hospital Innsbruck | A

Bode Simone, Dr. med.
University Hospital Innsbruck | A

Borisch Nicola, Prof. Dr. med.
University Hospital Innsbruck | A

Czinner Martin, Dr. med.
Ústav chirurgie ruky a plastické chirurgie | CZ

Gabl Markus, Univ.-Doz. Dr. med.
University Hospital Innsbruck | A

Hannemann Pascal, Dr. med.
Maastricht University | NL

Langer Martin, Prof. Dr. med.
University Hospital Münster | DE

Lauri Giulio, Dr. med.
S.O.D.C. Firenze | I

Müller Verena, BSc, OT, ECHT
University Hospital Innsbruck | A

Pfanner Sandra, Dr. med.
Azienda Ospedaliero Universitaria Careggi | I

Schep Nils, Dr. med.
Rotterdam | NL

Schmidle Gernot, Priv.-Doz. Dr. med.
Schulthess Clinic Zürich | CH

Tocco Silvio, PT
Centro Riabilitativo Della Mano e Arto Superiore | I

Vogler Pascal, Dr. med.
University Hospital Innsbruck | A

Wenschur Katharina, BSc, OT
Therapie Zirl | A

Wieskötter Britta, Dr. med.
University Hospital Münster | DE

Windhofer Christian, Priv.-Doz. Dr. med.
AUVA Traumacenter Salzburg | A



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